



Inner Spiritual Center - 333 Route 46 W (Fairfield Business Center) Building A Suite 255

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ISC Presents Kim Caswell's

Connecting with your Higher Self Through Regression
with the Quantum Healing Hypnosis Technique

September 14, 2025 12:45 - 3:15 pm Eastern – in person only

\$45.00 (all proceeds being donated to ISC)

Learn to connect with your Higher Self (you that is really you) through visualization as Kim guides you through a gentle, fun, and relaxed meditative state. Spend this time discovering parts of yourself that may have not been accessible to you or previously not understood through a regression. Learn about left and right brain wisdom and how to bypass the surface layers of our mind. This class will introduce QHHT techniques that can be further explored.

Wear comfortable clothes. This can be done sitting or lying down. Please bring a mat or blanket/pillow/eyeshades if you prefer lying down.

Register through www.innerspiritualcenter.org by 9/12.



Kim Caswell is A QHHT practitioner following the Dolores Cannon methods and teachings. Her passion is to help people live a life of self-awareness and purpose, attain health and create a life that holds a sense of contentment and happiness while expressing who they truly are by tapping into the best part of themselves.

www.innerjourneywithKim.com