



[www.innerspiritualcenter.org](http://www.innerspiritualcenter.org) / [info@innerspiritualcenter.org](mailto:info@innerspiritualcenter.org)  
333 Route 46 West - Fairfield, NJ 07004 (Fairfield Business Center - Building A Suite # 255)

## **INNER SPIRITUAL CENTER WELCOMES**

### **Igniting the Energy Healer in YOU Workshop with Tim Arculli, OLS Qigong**



**Saturday - June 29, 2024**

**1:00pm-4:00pm (EST)**

**IN PERSON ONLY**

Cost: \$100.00

Pre-registration required via [www.innerspiritualcenter.org](http://www.innerspiritualcenter.org)

Pre-registration ends June 24th at 6 pm.

Come and join in this wonderful learning opportunity as Tim helps you to understand the incredible healing energy in you. You will learn multiple energy healing techniques regardless of prior experience or understanding.

The OLS method focuses on understanding and learning ancient practices and within this workshop experience. These techniques can assist with pain, discomfort, dis-ease, anxiety, overthinking, stress, stuck energy, and emotions.

You will learn this leads to increased energy flow and which allows you to feel lighter and more empowered. Tim will guide you throughout this workshop in this understanding and how to use it for others during a series of experiments and exercises.

Experience how powerful your energy is and how to focus this energy in your healing journey.

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**BIO** Tim Arculli began practicing the ancient healing practice of Qigong almost 15 years ago. He started teaching friends and family but found that they often didn't have the time to practice regularly. To make Qigong more accessible, Tim developed his own system (Outer Limits System) that focuses on the most efficient, effective, and simple techniques that can incorporate into any lifestyle. Tim has trained with several teachers in the US and Hong Kong and holds many certifications in Qigong and Reiki. He is dedicated to sharing his knowledge and helping others improve their health, energy practice, and well-being in a fun way.